

Advanced Hydrotherapy

Water is pure, natural and modifiable to aid the body in many conditions. When water is used by a health professional it may be specifically applied and used for many conditions. The application of cold is specific to aid constipation, reduce inflammation, itching and to reduce blood flow, . The application of heat is used to induce enzyme production, organ function and increase blood and lymphatic flow. Infections thrive during low body heat, so increasing heat to the body can be antimicrobial.



Constitutional Hydrotherapy 85.00

What is it?

A therapy utilizing alternating cold and hot towels on the chest and back with alternating sine wave application on a nerve plexus. Each patient receives a quiet tranquil environment, to receive a custom therapy, utilizing a massage table, warm blankets, hot pack, and our healing protocol. All you need to do is lay down and relax and the therapist applies each phase of the treatment.

Why use this therapy?

Constitutional hydrotherapy may help with several aspects of your health, including but not limited to ; low immune function, poor circulation, digestive disorders and chest and lung disorders. In our clinic we use it frequently to boost the body's immunity, and to increase toxin release. Used alone or along with our cleanse protocols, it helps rid the body circulating toxins from our environment, heavy metals, poor diet and lack of nutrition.

